



INTRODUCTION

Message From Our Manager

The past few months have been full of enjoyable activities, visits and opportunities for residents to spend time together, both in the home and outdoors. From live entertainment and themed afternoons to relaxing by the seaside and enjoying our beautiful surroundings, there has been something for everyone to look forward to.

We would like to thank our residents, families, volunteers and dedicated team for helping to make Ashridge Court such a warm and welcoming home. We hope you enjoy looking back at some of our recent highlights.

If you know someone who would like to receive our email newsletters/updates just let us know, or forward them the newsletter sign up link below:

[Sign Up Form](#)

Best wishes,

Heather

Heather Nwansi
Home Manager



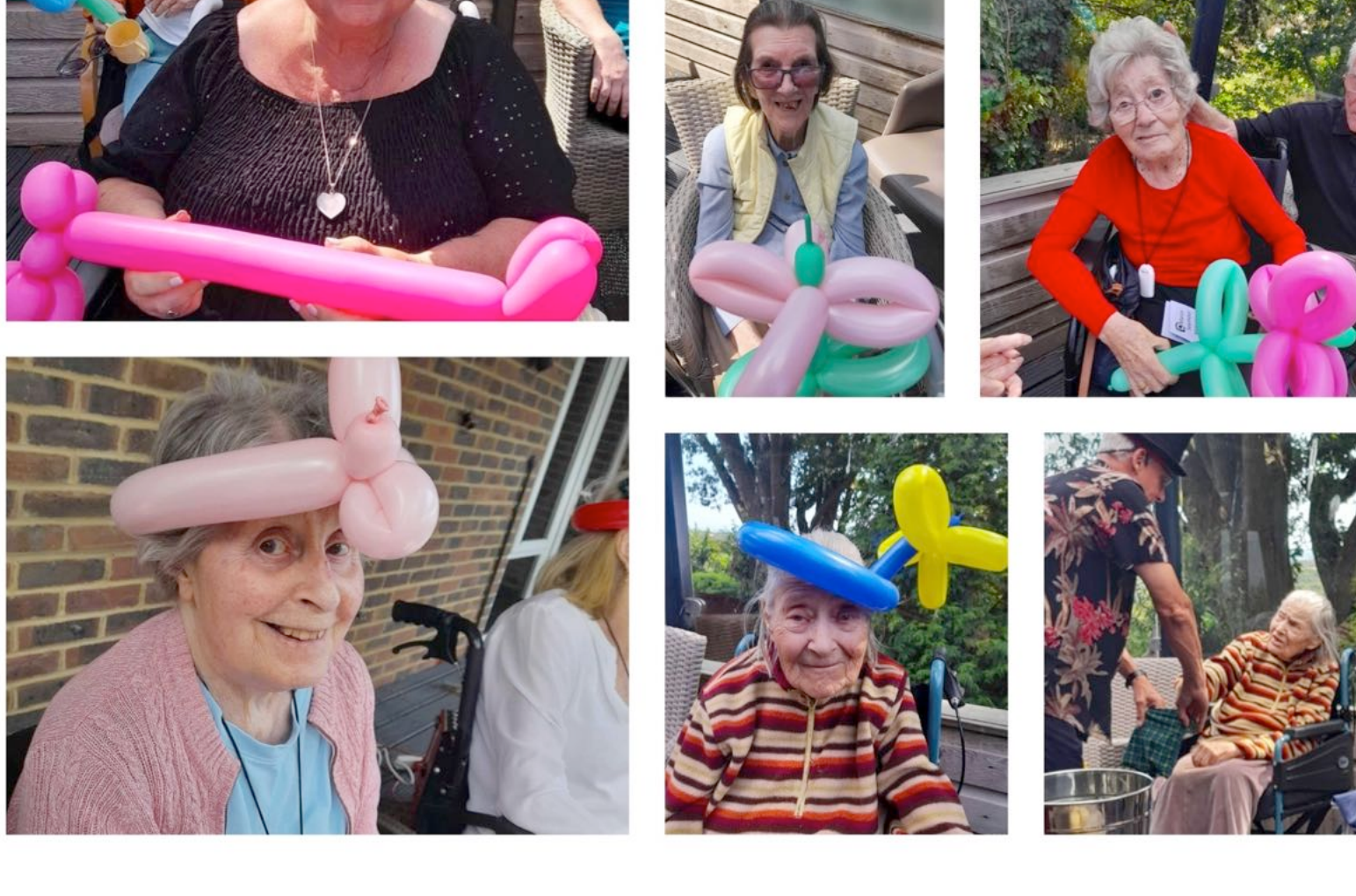
ACTIVITIES & EVENTS

An Afternoon of Magic

Residents, staff and visitors were treated to a fantastic afternoon of entertainment when Marco the Magician came to visit Ashridge Court.

Marco delighted everyone with an enjoyable combination of magic tricks, music and audience participation. Residents enthusiastically volunteered to help with the illusions, while others enjoyed singing along to familiar songs and sharing plenty of laughter throughout the performance.

A big thank you to Marco for bringing so much fun and creating an afternoon that everyone thoroughly enjoyed.



Armchair Travel to France

Our latest armchair travel adventure transported residents to France for an afternoon of music, culture and delicious food.

French music filled the room as residents learned more about the country, shared memories of holidays abroad and enjoyed conversations inspired by the day's destination. No visit to France would have been complete without sampling some traditional treats, and everyone enjoyed freshly baked croissants, chocolate éclairs, macarons and cakes alongside a cup of tea or coffee.

It was a relaxing and enjoyable afternoon that allowed everyone to experience a little taste of France without leaving the comfort of the home.



Dining by the Seaside

Residents enjoyed a beautiful evening meal together on our patio while taking in the stunning views across Cooden Beach.

As the sun began to set, everyone relaxed with good food, great company and the peaceful sounds of the nearby sea. The combination of delicious food and spectacular scenery created a memorable evening that everyone thoroughly enjoyed.

Making the most of our wonderful location is something our residents always appreciate, particularly during the warmer summer months.



A Royal Tea Party

Residents celebrated in royal style with a special afternoon tea in honour of His Majesty King Charles III's birthday.

The home was filled with music as everyone enjoyed delicious cakes, dancing and many favourite songs throughout the afternoon. Residents embraced the occasion and enjoyed spending time together while celebrating with plenty of smiles and conversation.

From everyone at Ashridge Court, we send our very best wishes to His Majesty King Charles III on his birthday.

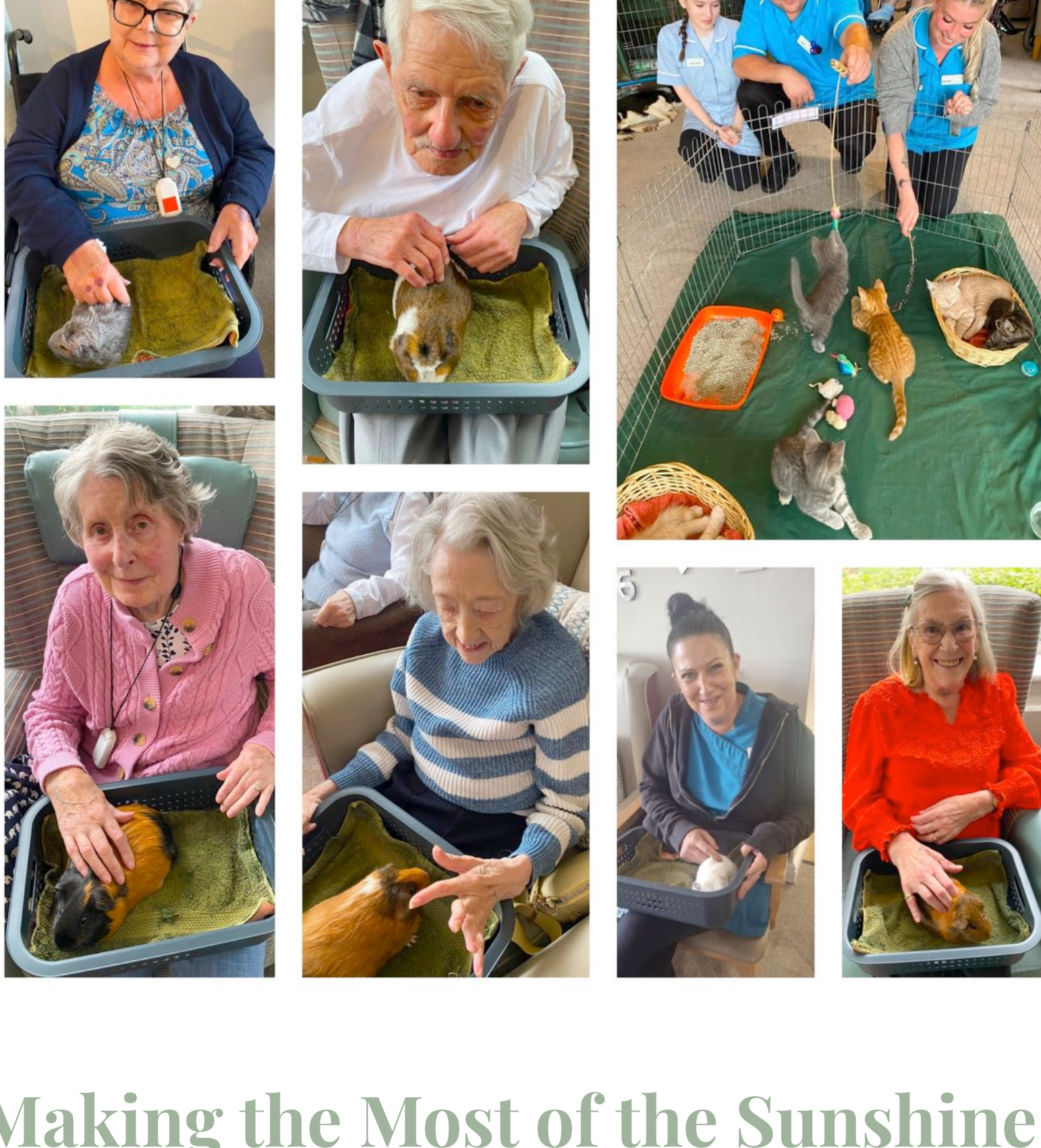


A Visit from Pet Pals

We were delighted to welcome Pet Pals to Ashridge Court for a wonderful therapeutic animal session.

Residents enjoyed spending time with a variety of friendly animals, taking the opportunity to stroke, cuddle and interact with them throughout the visit. The calm and gentle nature of the animals created a relaxing sensory experience, encouraging conversation, reminiscence and lots of happy smiles.

We would like to thank Pet Pals for another enjoyable visit and for bringing such wonderful companions into our home.

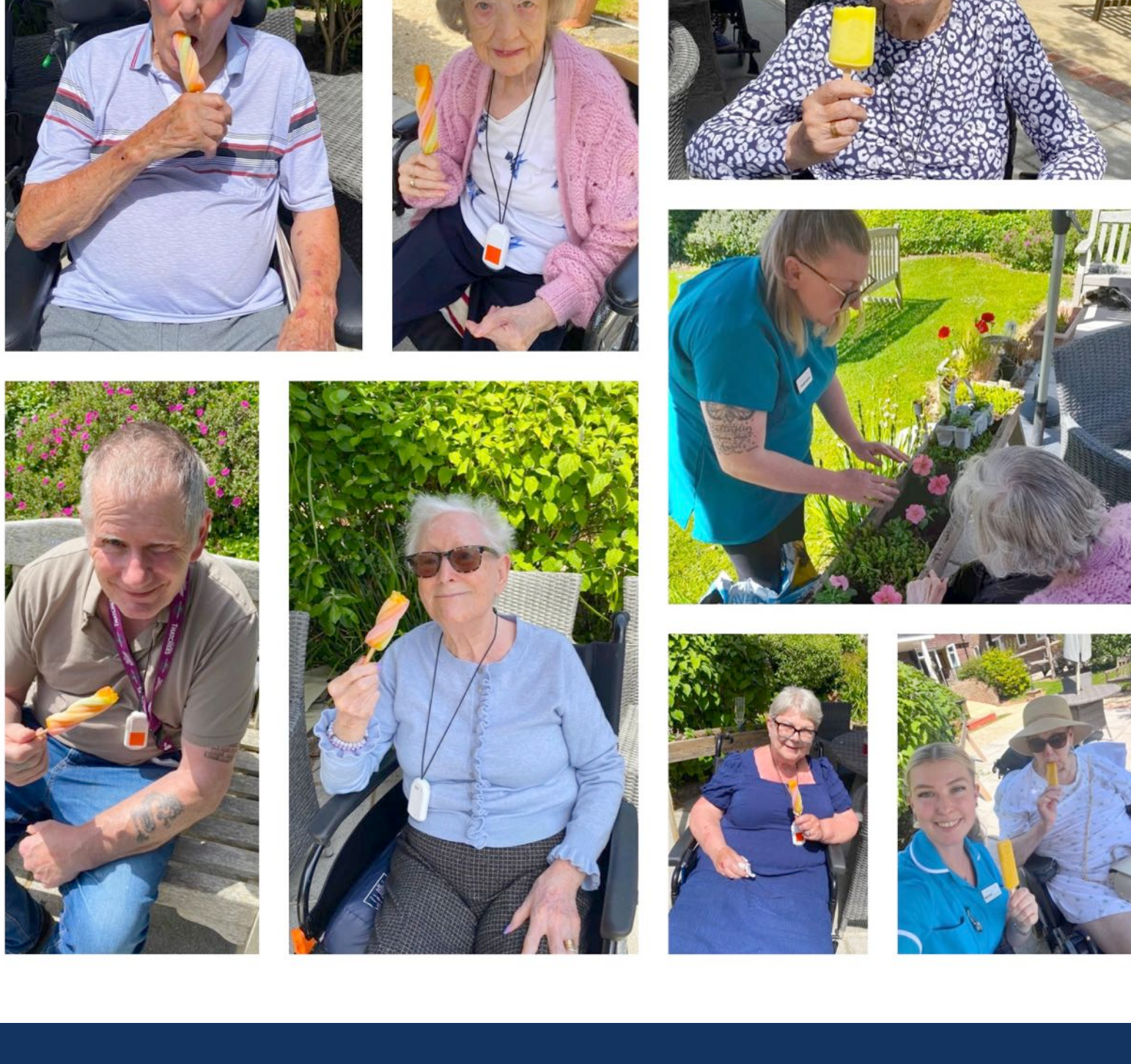


Making the Most of the Sunshine

The recent warm weather has given residents every opportunity to enjoy the beautiful surroundings at Ashridge Court.

Residents spent time outdoors taking in the scenic views along the seafront before helping to prepare and plant flowers in our gardens. After a busy afternoon in the sunshine, everyone enjoyed cooling down with a refreshing ice lolly while relaxing together outdoors.

Simple afternoons like these are a wonderful way to enjoy the fresh air, stay active and appreciate the beautiful setting we are fortunate to call home.



COMING UP

Family Fun Day

ASHRIDGE COURT
CARE CENTRE

FAMILY
FUNDAY!

FRIDAY 21st AUGUST

TIME: 2PM TILL 4.30PM

ENTERTAINERS
Lynn & Mark

GAMES & RAFFLE
• Bottle Hoopla: £1
• Outdoor kids game
• Hook a Duck

BBQ & REFRESHMENTS

♥ All money raised will be used for activities within the home! ♥

ALL WELCOME! BRING THE WHOLE FAMILY!

Looking Ahead...

As we continue through the summer, we are looking forward to more outings, themed activities, live entertainment and opportunities to enjoy our gardens and beautiful seafront location. We look forward to creating many more happy memories with our residents, families and friends in the months ahead.

Thank you for your continued support of Ashridge Court Care Centre. We look forward to sharing more news and celebrations with you in our next newsletter.

EXTERNAL LINKS

Social Media

Make sure to check out the Ashridge Court Care Centre Facebook Page for all our latest photos!

[Don't Forget To 'Like' Us!](#)

Leave A Review

We would be very grateful if you could spare a few minutes to write a review for us:

[Carehome.co.uk](#) & [Google Reviews](#)

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