



# ASHRIDGE COURT

CARE CENTRE

RESIDENTIAL | NURSING | DEMENTIA | RESPITE CARE



## WELCOME TO ASHRIDGE COURT

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**Situated in the beautiful East Sussex countryside, just outside Bexhill-on-Sea, Ashridge Court Care Home offers excellence in Residential, Nursing and Dementia care in a warm, welcoming environment.**

Our caring team provide comprehensive, compassionate and dedicated care personalised to the needs of each individual resident, 24 hours a day.

A thoughtfully-planned, varied activities programme ensures residents are supported to live each day to the full, with lots of opportunities to socialise, continue much-loved hobbies, try something new or enjoy an exciting outing locally or further afield.

Our chef and catering team work hard to create a varied, nutritious menu with seasonal ingredients, tailored to individual preferences and dietary needs.

Each of our 69 spacious bedrooms, spread across three floors, have been designed with comfort and privacy in mind. All rooms include en-suite or wet room facilities and come fully equipped with an adjustable automatic bed, nurse call system, TV and complimentary Wi-Fi.

## A WARM WELCOME AWAITS

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Internally, residents can enjoy a choice of shared lounges for relaxation, while our landscaped gardens and sensory gardens are much enjoyed during favourable weather. Residents are welcome to personalise their rooms as they wish.

The benefits of group living, in the knowledge that care and support is always on hand, mean that every day can be enjoyed to the full at Ashridge Court Care Home.

*We look forward to welcoming you*



## THE PERFECT BLEND OF COMFORT & CARE

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### RESIDENTS AT ASHRIDGE COURT ENJOY:

Ensuite Bedrooms

Varied Activities Programme

Landscaped Gardens & Sensory Gardens

Spacious, Comfortable Lounges

Hair Salon

Close to Local Amenities



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CARE CENTRE

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